



What is an APA Sports Physiotherapist?

“An APA Sports Physiotherapist is a highly qualified professional with expert knowledge and skills in the prevention, diagnosis and treatment of sports injuries. In addition, they are experts in movement analysis and exercise prescription.

An APA Sports Physiotherapist has completed at least four years of university studies and has a comprehensive knowledge of anatomy, biomechanics, physiology, crisis management, assessment and treatment of joint and muscle conditions.

In addition, an APA Sports Physiotherapist has undertaken further studies specifically in the management of sports injuries.

An APA Sports Physiotherapist is a member of the Australian Physiotherapy Association (APA) and is bound by its professional Code of Conduct. They have undergone a rigorous selection process to ensure they have the level of experience and knowledge to be awarded the title.

Today the title serves as the professional mark of specialisation and distinction for physiotherapists practicing in the field of sports physiotherapy”

Australian Physiotherapy Association